

Breakfast & Lunch To-Go & Dine-In Menu

To place an order please use the Toast App or call: 510-649-8538 Service Mon, Tue, Fri, Sat & Sun from 8:30 a.m. to 2:00 p.m.

HOT FOOD

Hot Oatmeal served with brown sugar, roasted almonds and raisins \$5.75 (Served from 8:30 a.m.-11 a.m.) Soup of the Day \$5.50 (served from 11 a.m. -2 p.m.)

Buttermilk, Grain, or Cornmeal Pancakes

Short Stack: \$7.50 Regular Stack: \$8.50

Fresh Berries: \$3.50

Orange-Rice Flour Pancakes w/Blueberries

Short Stack: \$7.75 Regular Stack: \$8.75

Erica's French Toast

Short Stack: \$9.50 Regular Stack: \$11.50

Potato Cheese Pancakes

Served with sourcream, green onions and applesauce Short Stack: \$10 Regular Stack: \$12.50

Buttermilk or Corn Waffle

\$7.50

Midwest

Two potato-cheese pancakes with two eggs any style, grilled tomatoes and our house-smoked pork chop (Please allow a longer preparation time.) \$18

Doc's Delight

Our buttermilk waffle, served with two chicken apple sausages and two eggs any style

\$14

Down South

Two cornmeal pancakes with turkey sausage, salsa and two eggs scrambled with cheese \$14

North East

Fresh red beets, sweet potatoes, new potatoes, red onions, bacon, topped with sour cream and green onions. Served with two eggs any style and your choice of bread.

\$14

Yukon Gold Hash

Sweet potatoes and white potatoes, sweet bell peppers, corn, apples and onions topped with sour cream and green onions. Served with two eggs any style and your choice of bread.

\$14

Manhattan Plate

Two eggs scrambled with lox and green onions. Served with homefries and a choice of bagel with cream cheese, cucumbers, red onion, tomato and capers.

Curry Tofu Scramble

Tofu marinated in curry, garlic, ginger and tamari, sautéed with green onions, mushrooms, corn, spinach and bell peppers. Served with home fries and your choice of bread

Emily's Egg Plate

Two eggs any style served with home fries and your choice of bread

Add Bacon, Chicken Apple Sausage, or Turkey Sausage

Spinach, Bacon & Cheese Omelet

Served with home fries and your choice of bread

Straus Organic Yogurt with Muesli

Yogurt with a hearty mixture of oats, almonds, pumpkin seeds, coconut, flax seeds and dried fruit and topped with fresh fruit

Hamburger or Victory Burger (Turkey)

Served on a hamburger bun with lettuce, tomato, pickles & fries \$13

Beyond Veggie Burger

Grilled Meatloaf Sandwich

Our classic meatloaf served with sweet peppers, onions, and chipotle aioli served on a ciabatta roll with potato salad \$14.50

Turkey Club

House roasted turkey topped with bacon, tomato, lettuce and pesto aioli and served on a ciabatta roll with potato salad \$12.75

Steak Sandwich

Marinated and grilled flank steak with jack cheese, gilled sweet peppers, onions and pesto-jalapeño cilantro on a ciabatta roll. Served with french fries. \$14.25

Tuna Melt

House-made tuna salad with peperoncini's & cheddar cheese on your choice of bread

\$14

3/1/22